



30 Prayers of Praise to God

Praise is deeply connected to what we learn to be true about God, and it's good to remind ourselves of the reasons why we praise God (and then, praise Him!).

Focus your next 30 days on offering prayers of praise to God. Consider beginning or ending your day with the habit of praising God and praying these verses out loud.

Invite a friend or your family to join you. Notice how praising God changes you and your perspective—it may even reduce stress. Then, continue to foster a life of worship. Create a praise journal—adding specific praise verses and prayers that are personal to your own life.

☐ Day 1	God, I praise you for being my strength, defense, and salvation. "The LORD is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him" Exodus 15:2 (NIV).
Day 2	God, I praise your greatness. "I will proclaim the name of the LORD. Oh, praise the greatness of our God!" Deuteronomy 32:3 (NIV).
Day 3	God, I praise you for being my Rock and Savior. "The LORD lives! Praise be to my Rock! Exalted be my God, the Rock, my Savior!" 2 Samuel 22:47 (NIV).
☐ Day 4	God, I praise you for all your wonderful acts. "Sing to him, sing praise to him; tell of all his wonderful acts" 1 Chronicles 16:9 (NIV).
☐ Day 5	God, I praise you for your goodness. "I will sing the LORD's praise, for he has been good to me" Psalm 13:6 (NIV).



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☐ Day 6	God, I praise you for your counsel and instruction. "I will praise the LORD, who counsels me; even at night my heart instructs me" Psalm 16:7 (NIV).
☐ Day 7	God, I praise you for all the world to see. "Therefore I will praise you, LORD, among the nations; I will sing the praises of your name" Psalm 18:49 (NIV).
☐ Day 8	God, I praise you for your might. "Be exalted in your strength, LORD; we will sing and praise your might" Psalm 21:13 (NIV).
☐ Day 9	God, I praise you for being my shield, help, and joy. "The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him." Psalm 28:7 (NIV).
☐ Day 10	God, I praise you for giving me the words to praise you. "He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him" Psalm 40:3 (NIV).
☐ Day 11	God, I praise you for being King of all the earth. "For God is the King of all the earth; sing to him a psalm of praise" Psalm 47:7 (NIV).
☐ Day 12	God, I praise you for receiving my prayer and generously giving your love. "Praise be to God, who has not rejected my prayer or withheld his love from me!" Psalm 66:20 (NIV).
☐ Day 13	God, I praise you for bearing my burdens daily. "Praise be to the Lord, to God our Savior, who daily bears our burdens" Psalm 68:19 (NIV).
☐ Day 14	God, I praise you alongside your creation. "Let heaven and earth praise him, the seas and all that move in them" Psalm 69:34 (NIV).
☐ Day 15	God, I praise you for you are my Creator and have cared for me since conception. "From birth I have relied on you; you brought me forth from my mother's womb. I will ever praise you" Psalm 71:6 (NIV).



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☐ Day 16	God, I praise you for your unconditional love and holy justice. "I will sing of your love and justice; to you, LORD, I will sing praise" Psalm 101:1 (NIV).
☐ Day 17	God, I praise you for being a God who is worthy to be worshiped. "The fear of the LORD is the beginning of wisdom; all who follow his precepts have good understanding. To him belongs eternal praise" Psalm 111:10 (NIV).
☐ Day 18	God, I praise you for teaching me your righteous ways. "I will praise you with an upright heart as I learn your righteous laws" Psalm 119:7 (NIV).
☐ Day 19	God, I praise you for training me to fight spiritual battles. "Praise be to the LORD my Rock, who trains my hands for war, my fingers for battle" Psalm 144:1 (NIV).
☐ Day 20	God, I praise you for being the Creator God. "Let them praise the name of the LORD, for at his command they were created" Psalm 148:5 (NIV).
☐ Day 21	God, I praise you for being a God who rescues the needy. "Sing to the LORD! Give praise to the LORD! He rescues the life of the needy from the hands of the wicked" Jeremiah 20:13 (NIV).
☐ Day 22	God, I praise you for your wisdom and power. "Praise be to the name of God for ever and ever; wisdom and power are his" Daniel 2:20 (NIV).
☐ Day 23	God, I praise you for revealing yourself to your children. "At that time Jesus said, 'I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children'" Matthew 11:25 (NIV).
☐ Day 24	God, I praise you for redeeming your people. "Praise be to the Lord, the God of Israel, because he has come to his people and redeemed them" Luke 1:68 (NIV).



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☐ Day 25	God, I praise you for being the God of all comfort. "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort" 2 Corinthians 1:3 (NIV).
☐ Day 26	God, I praise you for blessing me with every spiritual blessing in Christ. "Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ" Ephesians 1:3 (NIV).
☐ Day 27	God, I praise you for the righteousness you impart through Christ. "filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God" Philippians 1:11 (NIV).
☐ Day 28	God, I praise you for your great mercy and for providing a living hope through Jesus. "Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead" 1 Peter 1:3 (NIV).
☐ Day 29	God, I praise you that I get to bear Christ's name. "However, if you suffer as a Christian, do not be ashamed, but praise God that you bear that name" 1 Peter 4:16 (NIV).
☐ Day 30	God, I praise you for Jesus, the worthy Lamb. "In a loud voice they were saying: 'Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise!'" Revelation 5:12 (NIV).

